

List of equipment owned

Name of equipment	Qty	YES	NO
Mobile Phone			
Car			
Computer & Printer (or access to one)			
Fax machine (or access to one)			
Internet access at home			
Blood pressure monitor			
Shuttle run cd			
Tape measure			
Weight & Body fat scales			
Heart Rate Monitor			
Fit Ball Size/s			
Resistance Bands – Level/s			
Hand weights Weight/s			
Bar Weights / Pump Set			
Mat			
Boxing gear			
Markers			
Medicine ball			
Skipping rope			
Agility Ladder			
Hurdles			
First aid kit			
Other equipment - Details			

Please attach copies of current registration, first aid and insurance.